

Office of Mental Health and Substance Abuse 2007-2010 Objectives

2009 Update

OMHSAS Objectives

- Transform the children's behavioral health system to a system that is family driven and youth guided
- Implementation of services and policies to support recovery and resiliency in the Adult Behavioral Health System
- Assure that behavioral health services and supports recognize and accommodate the unique needs of older adults

Children's Objective

Transform the children's behavioral health system to a system that is family driven and youth guided

Some Guiding Principles

- Trauma informed culture should serve as the background for all services to children and adolescents
- CASSP principles are assumed to be part of the children's Objective and Supporting Projects
- Youth and Family Teams will lead to a transformation of the children's behavioral health system

Children's Supporting Projects and Actions

- Establishment of Child-Family Teams to support Transformation
 - *Establish an Institute to provide training, support and monitoring of Youth and Family Teams - Complete*
 - Develop mechanism for Medicaid payment of Youth and Family Team process - *Complete*

Children's Supporting Projects and Actions

- Create Home and Community Based Alternatives to Residential Treatment
 - Develop a “White Paper” addressing current environment, needs and recommendations for creating alternatives to the current residential treatment system - *Complete*
 - Change existing rules to permit small group homes and therapeutic housing – *Under consideration*
 - Enroll Multi Dimensional Treatment Foster Care as a Medicaid funded service – *Nearly complete*
 - Maintain data base on RTF utilization – *Partly complete*

Children's Supporting Projects and Actions

- Partner with Education to support the development of effective school based supports and interventions
 - Have OMHSAS Children's Advisory develop "White Paper" on school based behavioral health services - *Complete*
 - Engage youth to get their perspective on school based behavioral health services - *Complete*
 - Review and update the existing Memorandum of Understanding with DOE, DOH, and DPW to detail responsibilities for SBBH – *Different approach being taken*
 - Continue to build the relationship with DOE and collaborate on projects such as SBBH Demonstration Grants, Positive Behavioral Interventions and Supports, etc. - *Ongoing*
 - Reduce admission to segregated programs - *Ongoing*
 - Identify efforts underway with BHMCOs on collaborative efforts with schools - *Ongoing*
 - Enhance letters of agreement between Counties, BHMCOs and Schools – *Existent in some areas*

Children's Supporting Projects and Actions

- Create Behavioral Health competency to honor the strengths and address the unique individualized needs of children and adolescents: - *All ongoing*
 - In the child welfare system
 - In, or at risk of entering, the Juvenile Justice system
 - In the drug and alcohol system
 - With Fetal Alcohol Syndrome Disorder
 - That are Deaf or Hard of Hearing
 - With Traumatic Brain Injury
 - With Autism Spectrum disorder or other Pervasive Developmental Disorder
 - With Physical Disabilities
 - And infants and young children

Children's Supporting Projects and Actions

- Develop a process for identifying and implementing evidence based practices, promising practices and culturally relevant practices
 - Utilize the SAMHSA National Registry of Evidence Based Practice, the NASMHPD Research Institute, the National Blue Print initiative and other sources to identify evidence based and promising practices – *In process*
 - Document the expansion of Multi Systemic Therapy, Functional Family Therapy and other evidence based practices in current practice - *Ongoing*
 - Develop the Youth and Family Team process as the practice model for children's behavioral health to support evidence based practice - *Ongoing*

Children's Supporting Projects and Actions

- Develop strategies to address the needs of Transitional Youth
 - Support Youth involvement in the OMHSAS Advisory Council - *Ongoing*
 - Obtain Youth input in identifying needs, developing plans, implementing and monitoring service development for Transition Youth - *Ongoing*
 - Summarize OMHSAS Transition Pilot projects - *Complete*
 - Identify existing initiatives in other agencies - *Ongoing*
 - Work with OMHSAS housing plan - *Complete*

Adult Objective

**Implementation of services
and policy to support
recovery and resiliency in
the Adult Behavioral Health
System**

Adult Supporting Projects and Actions

- Define and expand the range of and financial commitment to consumer-run services, supports and trainers
 - New Freedom Initiative Project - *Complete*
 - Gain baseline understanding of existing consumer-run services, supports and trainers statewide – *Ongoing*
- Develop *Centers of Innovation* around Evidence-based and Promising Practices
 - *Review national models and define the Pennsylvania model - Complete*

Adult Supporting Projects and Actions

- Support community re-integration of individuals who have been in state hospitals over 2 years
 - Close at least 2 state hospitals by 2010 by
 - Development and implementation of individual community support plans – *Complete for individuals discharged from Mayview, no other hospital closure pending at this time*
 - Development of community infrastructure – *In Process*

Adult Supporting Projects and Actions

- Implement an integrated system of services and support for co-occurring mental health/drug and alcohol recovery
 - Identify how to increase co-occurring and substance abuse awareness and activities within OMHSAS - *Ongoing*
 - Develop joint licensing standards - *Ongoing*
 - Issue guidelines around D&A confidentiality - *Ongoing*
 - Develop practice standards for co-occurring screening and service provision - *Complete*

Adult Supporting Projects and Actions

- Implement the recommendations of the Housing Workgroup
 - *Assure that every county/joinder have develop a housing plan using the OMHSAS Housing Plan template - Complete*
 - Implement and evaluate the Allegheny SSI Supplement Demonstration project and develop plan for statewide implementation – *In Process*
 - Develop strategies and convert at least \$1 mil in CRR beds to supported housing – *In Process*
 - Policy development regarding use of public mental health funds in Personal Care Boarding Homes – *In Process*

Adult Supporting Projects and Actions

- Implement, monitor and expand peer specialist services
 - Enroll providers statewide, assuring availability of at least 2 programs offering peer specialists in each county/joinder
 - Assure availability of peer specialist certification training - *Complete*
 - Assure formalized peer support structures are available for peer specialists - *Ongoing*
 - Develop the capacity for certified peer specialists to serve specific populations – older adults, individuals involved in criminal justice system – *In Process*
 - Work in collaboration with the Bureau of Drug & Alcohol Programs to develop use of certified peer specialists in the drug and alcohol system - *Ongoing*
 - Examine the use of consumer run peer specialist “employment agencies” – *In Process*
 - Identify specific outcome measures for Quality Improvement monitoring – *In Process*

Adult Supporting Projects and Actions

- Implement recommendations of the Forensic Workgroup
 - Partner with PMHCA to develop resources to support Certified Peer Specialists in serving individuals in the Criminal Justice system – *In Process*
 - Work with the Governor's Office on cross-systems task group - *Ongoing*
 - Inventory existing community diversion and re-entry services – *Complete/Ongoing*
 - *Support Allegheny county national conference - Complete*

Adult Supporting Projects and Actions

- Develop plan for expanding Employment opportunities to support recovery
- Collaborate on the delivery of trauma informed care
 - Work with Hospital Association of PA to eliminate seclusion and restraint in community hospitals – *In Process*
 - Target resources to plan for the expansion of trauma-informed care statewide for individuals, including:
 - Transition age youth, returning veterans, individuals involved with the criminal justice system – *In Process*

Adult Supporting Projects and Actions

- Restructure the Medicaid State Plan to support recovery and resiliency
 - Review current regulations and revise/develop regulations supporting recovery/resiliency-oriented services – *In Process*

Older Adult Objective

Assure that behavioral health services and supports recognize and accommodate the unique needs of older adults

Older Adult Supporting Projects and Actions

- Expand access to services for older adults with the flexibility to provide services wherever they are
 - *Ensure that implementation of peer services includes training of older adults as providers of the service to older adults as well as younger adults - Complete*
 - Monitor access of peer specialist and mobile mental health services to older adults – *In Process*

Older Adult Supporting Projects and Actions

- Increase awareness of and planning for suicide prevention for older adults
 - Adopt at least one recommendation of the Suicide Prevention Plan for Older Adults - *Complete*
 - Coordinate an annual Suicide Prevention Day in Harrisburg - *Complete*

Older Adult Supporting Projects and Actions

- Review the impact of dual eligibility on service provision
 - Compile Medicare and Medicaid inpatient and outpatient data for older adults – *Inpatient, Complete*
 - Develop information and resources to help older adults better understand services under Medicare and Medicaid (OMHSAS/AGING/APPRISE) – *In process*
 - Use regional behavioral health Older Adult forums to share information on Medicare/Medicaid – *Complete*
 - Increase collaboration with Area Offices of Aging - *Ongoing*

Older Adult Supporting Projects and Actions

- Expand access to the interagency planning project for older adults with complex needs
 - Compile information for case reviews - *Complete*
 - Encourage greater county participation through access to training and continued collaboration with Aging - *Ongoing*

Older Adult Supporting Projects and Actions

- Increase awareness of needs of older adults for substance abuse treatment and programs structured to accommodate those needs in a culturally competent manner
 - Identify facilities appropriate to serve older adults – *To be determined*
 - Define type of services older adults are likely to use by getting their feedback - *Ongoing*

Older Adult Supporting Projects and Actions

- Ensure community consumer involvement by providing support to individuals transitioning from South Mountain Restoration Center into communities where they live
 - Ensure consumer participation in discharge planning teams - *Ongoing*
 - Ensure consumer resources are identified and utilized in community where they return - *Ongoing*

Older Adult Supporting Projects and Actions

- Continue to assure appropriate mental health services are available to older adults experiencing dementia who have behavioral health problems
 - Continue to monitor complaints or concerns regarding access to care - *Ongoing*
 - Engage in educational efforts with public and managed care partners - *Ongoing*

Older Adult Supporting Projects and Actions

- Develop a collaboration with physical health partners (Home Health, Visiting Nurses Assn, etc.) to promote behavioral health screenings for older adults
 - Assess willingness of MCOs/providers to partner on provision of screenings - *Ongoing*

Older Adult Supporting Projects and Actions

- Ensure an active role for the Older Adult Advisory Committee in the Money Follows the Person (MFP) project
 - Older Adult Committee will identify representatives to serve on the MFP Advisory Work Group anticipating receipt of grant award - *Complete*

Older Adult Supporting Projects and Actions

- Support efforts to promote a study of Older Adults through the Legislative Budget and Finance Committee (LBFC)
 - When presented with a request for legislative analysis, respond with positive support and background research on the bill soon to be introduced - *Ongoing*
 - Advisory Committee members may advocate for support, either as individuals or members of their respective organizations - *Ongoing*