

Additional Resources

Aging and Advocacy

Mobile therapy outreach to older adults city-wide, and aging & behavioral health resources

215/751-1800, x266

Community Behavioral Health

Serving Philadelphia's uninsured, underinsured and Medicaid-eligible residents.

1-800-545-2600

Consumer Satisfaction Team

Assistance with filing grievances about Philadelphia public behavioral health agencies.

215-923-9627

Crisis Counseling/Suicide Counseling

215-686-4420

Family Health Information Recording System

Medical record keeping for families and others.

215-546-0300, x3387

Family Resource Center

Friends Hospital (Scattergood Bldg)
Books, articles, videos, and handouts.

215-831-4894

Family Resources Page Philadelphia Connections:

www.philaconnect.org/family%20resources.htm

Family-Member Story-Telling Training

Families learn how to help with System Change

215-685-4989

Frieda Kraftsow Sachs Resource Center

Belmont Center
Books, articles, videos, handouts.

215-581-4587

Glenfield Inn

Respite for family caregivers-temporary residential care for adults with mental illness.

215-632-8293

National Suicide Prevention Lifeline

1-800-273-8255

Parenting Plus

Parent Program for Parents with Mental Illness

215-751-1800, x229

Philadelphia Behavioral Health/Mental Retardation Services:

www.philadelphia.pa.networkofcare.org &

www.mycitymyplace.com

Philadelphia Compact

Children's social & emotional well-being in the community.

215-685-5932

Phila. Recovery Community Center & Pro-Act

Education, advocacy and Family Support Group
To reduce stigma of addictions

215-223-7700

Planned Lifetime Assistance Network

Private case management, representative payee service, managed trust accounts.

610-687-4036

Resources for Friends & Families of Veterans

www.VeteransFamiliesUnited.org

Veterans Administration Mental Health Clinic

215-823-4300

F.R.N.

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**Family
Resource
Network**

**Resource
Information
For
Families**

FAMILY RESOURCE NETWORK

Kathleen Cantwell

Coordinator

c/o FTAC

123 S. Broad St., 23rd flr

Philadelphia, Pa. 19109

Phone: 215-546-0300, 3259

Fax: 215-599-5177

Email: kcantwell@pmhcc.org

9/17//09

WHEN FAMILIES :

- + need the fellowship of a local support group
- + want education about mental illnesses...
- + need to resolve issues of anger, confusion
- + want to learn to advocate...
- + are seeking mental health resources...
- + want to learn coping skills...
- + are interested in leadership roles...
- + need guidance about Mental Health Court...

REFER FAMILIES TO THE MEMBERS OF THE

FAMILY RESOURCE NETWORK

Philadelphia NAMI Affiliates
Web: philadelphia.nami.org

North Philadelphia

Meets: 3rd Thursday of every other month 6:00 PM
17th & Lehigh Ave.
Peoples Choice/Silversprings Program Center
Contact: Delores Jackson, 215/228-7214

Northeast Philadelphia

Meets: 3rd Tuesday of each month, 7:00 to 8:30 pm
PATH, Inc.
8220 Castor Ave. - 2nd floor
Contact: Frank Eichhorn, 324-9553

Northwest Philadelphia

Meets: 1st Tuesday of each month
6:00 to 8:00 pm
27 East Mt. Airy Ave.
Contact: Thelma Freeny, 215/549-8468
Gloria Worthy, 215/224-6307

West Educational Support Group

Meets: 4th Saturday each month, 2:00 to 4:00 pm
Westside Baptist Church
2416 N. 54th St, 19131
Contact: Rea York,
SReaYork@aol.com

Hispanoparlante

Meets in Spanish
Reuniones en Español :
3rd Wednesday of each month: 4:30 to 6:30 pm
3er Miercoles de cada Mes: 4:30 to 6:30 pm
COMHAR Latino Treatment Program
166 W. Lehigh Ave., 2nd flr, 19133
Contact: Ramon Castro, 215/739-2669

Family to Family, 12 week education class

To register for: Spanish classes (De Familia a Familia)
Contact: Ramon Castro, 610/291-2549

Parents Involved Network of the Mental Health Association of SEPA

PIN is a Peer to Peer Program which assists parents/caregivers of children and adolescents with emotional / behavioral challenges.

PIN provides:

1. Peer run support groups in both English and Spanish
2. Information 3. Referrals 4. Advocacy 5. Trainings

Philadelphia 215-751-1800 ext 513

Psychoeducational Program

1. Mobile team of two, year round.
Meeting families in their homes (or if home is not comfortable at a library/restaurant, etc.)
2. Family Support Meetings:
*Every Tuesday, 6:30- 8:30 pm
Orleans Building, Friends Hospital grounds
*Every Thursday, 1:00 to 3:00 pm
7226 Castor Av, one block south of Cottman Av
3. Workshops: 6:30- 8:30pm, 1st Monday of every month
Orleans Building, grounds of Friends Hospital,
Adams Ave. & Roosevelt Blvd.

Helping parents, spouses, siblings, and other family members who are caring for a mentally ill loved one to effectively cope and handle the stress that arises from caring for them.

Contact: Melvin Dennis 215/742-7806, md@NEMHMR.org
Rita Ferry 215/742-7816, rferry@NEMHMR.org

Training & Education Center of the Mental Health Association of SEPA

1. Expertise, Support & Referral for help in dealing with mental illness in family or couples relationships.
2. Family Support & Problem- Solving Group:
One Thursday morning each month, 10 - noon
1211 Chestnut St., 12th fl. conference room.
3. Educational Support Group for Family Members of People with Traits of Borderline Personality Disorder: 2nd Tuesday of each month 7-9 PM at Belmont Center, 4200 Monument Ave in Philadelphia.
4. Workshops for Families, Partners & Friends on various topics.
5. Support Group for Adult Siblings & Adult Children.
6. Training & Technical Assistance to providers in behavioral health and child welfare systems.

Contact: Edie Mannion, 215/751-1800, x233 or 232
emannion@mhasp.org
www.mhasp.org/services/tec.html

Family Support Specialist

1. Resource for Information & Referrals
2. Mental Health Courts at Girard Medical Center, Einstein Hospital, and Friends Hospital:
meets families for information related to court, referral to local family education & support about mental illness.
3. Resource for families whose loved one may be mentally ill and incarcerated.

Contact: Angela Smith, 215/546-0300, x2357
AngelaSmith@PMHCC.org