

OMHSAS Adult Advisory Committee CSP Regional Report Summary

Region: West

Submitted by: Sharon A. Miller, a WRCSP co-chair, regional CSP representative member of OMHSAS Adult Advisory Committee, and Director of Education and Advocacy, NAMI Southwestern PA

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Report Summary:

- **Meeting Format:** Meetings continue to be held at the Tanglewood Center in Butler on the second Friday monthly and are comprised of both an educational presentation and a convening of the standing workgroups and steering committee. All materials utilized within the presentations are available by contacting CHAPS. Monthly reports are given by OMHSAS, NAMI SWPA, PMHCA, and PAPSRS along with opportunities for local Drop-in-Centers and stakeholders from representative counties to report. Average attendance continues to be about 75 to 80 people. The convenings have a strong focus on information sharing and also on mobilizing support for effective legislative advocacy.

Current legislative advocacy efforts have focused on: monitoring/responding to state budget negotiations, urging for restoration of the SSP, responsible disposition of the former Mayview state hospital property and support for legislation that safeguards funds for community MH services/supports from proceeds of the real-estate transaction, and identification of priorities in preparation for transition as the Rendell administration comes to a close.

- **Recent Education Presentations:** Pat Madigan with PMHCA provided a ROSI Update during the March meeting. April's convening featured Rev. Sally Jo Snyder a community organizer with the Consumer Health Coalition (CHC) reviewing the Guide to Proactive Care, a CHC physical health/behavioral health workgroup project promoting person-centered care. All in attendance received a copy of this useful guide and CHC is able to customize the information to be county specific.
- **Upcoming Education Presentations:** May will feature a recovery/anti-stigma presentation developed as the 2010 activity of the Anti-Stigma Activities workgroup. In June our education component will focus on Effective Advocacy Strategies. A full day WRCSP recovery conference, scheduled for August is in final planning stages as it is the 2010 activity of the Recovery Education workgroup.
- **Standing Workgroups:** Each workgroup develops one education presentation and/or a product or activity for distribution or replication throughout the region.
 - Anti-Stigma Activities
 - Peer 2 Peer
 - Drop-in-Center Coalition
 - CFST
 - Recovery Education
 - Psych Rehab
- **Scholarships:** Applications were distributed during the February monthly convening and through Email and postal mail addressed to all DICs, clubhouses, NAMI affiliates and provider organizations throughout the 23 counties that comprise the region. Upon steering committee review during the March meeting 64 requests were awarded. Scholarship funding enables consumers and family members to attend educational opportunities provided through the PMHCA, NAMI SWPA and PAPSRS conferences. All scholarship recipients will provide a summary of the conference experience to either the local or our regional CSP.

OMHSAS Adult Advisory Committee CSP Regional Report Summary

Region: Southeast

Submitted by: Fred R. McLaren, M.S., C.P.S., SE Regional CSP Technical Assistant

Summary of Key Activities of Past Two Months:

- **Annual Retreat:** Our Annual Regional CSP Retreat will be held on Friday, May 14 in Bldg. 33 at Norristown State Hospital. The theme of the retreat is employment & education. Four morning speakers are lined up in this area. C. Lu Conser, from Deputy Secretary Joan Erney's office, will speak in the afternoon. A number of other activities are planned. RSVP is not necessary.
- **Guest Speakers:** Rachuel Freund from the PA Disability Voting Coalition spoke at the March meeting on voting rights & voter advocacy.
- **Public Policy Subcommittee:** Rebecca Rohrbach from Norristown State Hospital (and one of our Regional co-chairs) gave an excellent presentation on the Recovery Oriented System Indicators (ROSI's), including a quantitative & graphical summary of how each of the five counties in the Southeast Region fared on the six system indicators.
- **Scholarship Subcommittee:** \$1,000 was awarded to each of the five counties in the Southeast Region. The committee voted to earmark these funds for the June PMHCA annual conference.
- **Sponsored Trip:** Regional CSP is sponsoring a trip to the May 5th OMHSAS Advisory Meetings in Harrisburg. Twelve people have signed-up to go.
- **Annual Networking Day:** The annual networking & skill-building day for the technical assistants & co-chairs from each of the four state regions will be on Wednesday, May 12 – all day. It will be held at the PMHCA headquarters in Harrisburg. Myself and all three SE Regional CSP co-chairs will be able to attend & have RSVP'd.
- **Regional CSP Budget:** The FY09/10 budget is on target & should not hopefully require a spend-down. The fiscal year ends Jun 30. The projected FY10/11 budget will be discussed at the Regional CSP Retreat on May 14.
- **Next Regional CSP Meeting:** Monday, June 7th at 4 – 6 PM in Bldg. 6 (1st floor) at Norristown State Hospital. Committee Pre-meeting at 3:00 PM. Light dinner at 3:45 PM. The normal May meeting is cancelled in lieu of the Annual Retreat on May 14.

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REGION: Central

Submitted by: Tom Newman

Report Summary:

- CRCSP is very busy in the Central Region and has given 18 scholarships to the 2010 PMHCA Conference at the Valley Forge Convention Plaza King of Prussia, PA.
- They are also getting ready for the CRCSP annual Retreat this year it will be in Lewistown on June 5th.
- Meetings continue to alternate from educational one month then all business the next.
- At Februarys meeting the Bedford county CSP showed how they are using their seed grant. The hope is that all the County CSP's that received a seed grant will do a presentation on their seed grant process. This will help other County CSP's in their seed grant process.
- At the May meeting Christy Minich from CBHNP will be doing a presentation.
- The process of closing the books for 2009/2010 has begun, as well as starting to figure out the budget and what the committee, as a whole, wants to do in 2010/2011.
- There have been some great discussions on the face of CSP and who we do and don't see at our meetings
- The ROSI process is in full swing and our Counties are getting ready to submit them with their County plans in May.
- There are a lot of events being planned for the month of May which we all know in Mental Health Awareness month.

No report from North East CSP