

Office of Mental Health and Substance Abuse 2007-2010 Objectives

2009 Update

OMHSAS Objectives

- Transform the children's behavioral health system to a system that is family driven and youth guided
- Implementation of services and policies to support recovery and resiliency in the Adult Behavioral Health System
- Assure that behavioral health services and supports recognize and accommodate the unique needs of older adults

Children's Objective

Transform the children's behavioral health system to a system that is family driven and youth guided

Some Guiding Principles

- Trauma informed culture should serve as the background for all services to children and adolescents
- CASSP principles are assumed to be part of the children's Objective and Supporting Projects
- Youth and Family Teams will lead to a transformation of the children's behavioral health system

Children's Supporting Projects and Actions

- Establishment of Child-Family Teams to support Transformation
 - *Establish an Institute to provide training, support and monitoring of Youth and Family Teams - Complete*
 - Develop mechanism for Medicaid payment of Youth and Family Team process - *Complete*

Children's Supporting Projects and Actions

- Create Home and Community Based Alternatives to Residential Treatment
 - Develop a “White Paper” addressing current environment, needs and recommendations for creating alternatives to the current residential treatment system - *Complete*
 - Change existing rules to permit small group homes and therapeutic housing – *Under consideration*
 - Enroll Multi Dimensional Treatment Foster Care as a Medicaid funded service – *Nearly complete*
 - Maintain data base on RTF utilization – *Partly complete*

Children's Supporting Projects and Actions

- Partner with Education to support the development of effective school based supports and interventions
 - Have OMHSAS Children's Advisory develop "White Paper" on school based behavioral health services - *Complete*
 - Engage youth to get their perspective on school based behavioral health services - *Complete*
 - Review and update the existing Memorandum of Understanding with DOE, DOH, and DPW to detail responsibilities for SBBH – *Different approach being taken*
 - Continue to build the relationship with DOE and collaborate on projects such as SBBH Demonstration Grants, Positive Behavioral Interventions and Supports, etc. - *Ongoing*
 - Reduce admission to segregated programs - *Ongoing*
 - Identify efforts underway with BHMCOs on collaborative efforts with schools - *Ongoing*
 - Enhance letters of agreement between Counties, BHMCOs and Schools – *Existent in some areas*

Children's Supporting Projects and Actions

- Create Behavioral Health competency to honor the strengths and address the unique individualized needs of children and adolescents: - *All ongoing*
 - In the child welfare system
 - In, or at risk of entering, the Juvenile Justice system
 - In the drug and alcohol system
 - With Fetal Alcohol Syndrome Disorder
 - That are Deaf or Hard of Hearing
 - With Traumatic Brain Injury
 - With Autism Spectrum disorder or other Pervasive Developmental Disorder
 - With Physical Disabilities
 - And infants and young children

Children's Supporting Projects and Actions

- Develop a process for identifying and implementing evidence based practices, promising practices and culturally relevant practices
 - Utilize the SAMHSA National Registry of Evidence Based Practice, the NASMHPD Research Institute, the National Blue Print initiative and other sources to identify evidence based and promising practices – *In process*
 - Document the expansion of Multi Systemic Therapy, Functional Family Therapy and other evidence based practices in current practice - *Ongoing*
 - Develop the Youth and Family Team process as the practice model for children's behavioral health to support evidence based practice - *Ongoing*

Children's Supporting Projects and Actions

- Develop strategies to address the needs of Transitional Youth
 - Support Youth involvement in the OMHSAS Advisory Council - *Ongoing*
 - Obtain Youth input in identifying needs, developing plans, implementing and monitoring service development for Transition Youth - *Ongoing*
 - Summarize OMHSAS Transition Pilot projects - *Complete*
 - Identify existing initiatives in other agencies - *Ongoing*
 - Work with OMHSAS housing plan - *Complete*