

**OMHSAS Adult Advisory Committee  
CSP Regional Report Summary**

---

**Region: Northeast**

Meeting Dates: January 19, 2010. The 2/10 meeting was cancelled due to weather conditions.  
Submitted by: Lynn Houseknecht

**Report Summary:**

The January meeting was held at the Eastern Monroe Public Library in Stroudsburg. Pat Madigan provided information on the ROSI (Recovery Oriented Systems Indicators). PMHCA Scholarship applications were due February 12.

The following seed grants were awarded:

**Berks County-\$500**

Received \$500 to hold a half-day conference targeted for consumers and providers to provide education on wellness and recovery success stories.

**Bradford County-\$400**

Received \$300 to continue to provide "Hearing Voices" Trainings. The funds will be used for travel and supply upkeep.

**Carbon-Monroe-Pike Counties-\$995**

Received \$850 to develop a second edition of a book of recovery stories. The book will include stories, poems and pictures.

**Lackawanna County-\$850**

Received \$850 for a billboard that will contain information about suicide and will include the national suicide hotline number. The project will also include a poster contest at local high schools that will be used as the billboard design.

**Issues/Concerns:**

Low meeting attendance has been reported in previous reports so the region decided to move the monthly meetings to various locations. Fifty-two people attended the January Meeting. The March 16 will be held at Northeast Behavioral Health Care Consortium, Inc. office in Moosic.

---

**REGION: Central**

Submitted by: Tom Newman

**Report Summary:**

- The central region has finished the seed grant process giving out 8 seed grants
- We are now working on the scholarship process. We are hoping to give out 15 to 20 full scholarships to the PMHCA Conference. We have decided not to charter a bus for conference this year. We feel it is best that transportation to and from the conference be handled at the local CSP level. So we are going to use the money we had set aside for the bus and give more scholarships and to the retreat we are planning in May.

## OMHSAS Adult Advisory Committee CSP Regional Report Summary

---

- The next meeting in March is an educational meeting and Bedford CSP is giving a presentation with CBHNP. We will be giving out the scholarships at the March meeting as well.
  - We are also hoping that all the counties in the central region are still working on the ROSI and county planning process.
  - We have also been sharing information on how to improve membership in our local CSP's. The question has been raised, are we inviting the full community to our local meetings. So we want to start inviting the drug and alcohol people as well as local business where we shop and look for employment.
- 

### **Region: West**

Submitted by: Sharon A. Miller, a WRCSP co-chair, regional CSP representative member of OMHSAS Adult Advisory Committee, *and* Director of Education and Advocacy, NAMI Southwestern PA

Co-Chair Contact Info: Elise Barr (412) 361-5600 Ext 1605 / Sharon Miller (888) 264-7972 / Myrn Montalvo (724) 887-4034

Technical Assistance: Laurie Combs at CHAPS DIC (814) 333-2924/ wrcsp2006@yahoo.com  
WRCSP Toll Free: (866) 400-0620

### **Report Summary:**

- Meeting Format: Due to severe winter weather conditions the January and February convenings of the WRCSP were cancelled. Meetings now are comprised of both an educational presentation and a convening of the standing workgroups and steering committee. Monthly reports are given by OMHSAS, NAMI SWPA, PCPA along with opportunities for local counties to report. The convenings continue to have a strong focus on information sharing and also on mobilizing support for effective legislative advocacy. Attendance consistently averages about 75 individuals.
- Upcoming Education Presentations: A full day conference is currently in planning stages for May as the 2010 activity of the Recovery Education workgroup. Pat Madigan with PMHCA will be providing a ROSI Update during the March meeting. Sharon Miller will also distribute a 2010/11 state budget analysis as it relates to DPW and mental health funding in preparation for WRCSP advocacy activities. All materials utilized within the presentations will be made available through contacting CHAPS.
- Standing Workgroups: Each workgroup develops one education presentation and/or a product or activity for distribution or replication throughout the region.
  - Anti-Stigma Activities
  - Peer 2 Peer
  - Drop-in-Center Coalition
  - CFST
  - Recovery Education
  - Psych Rehab

## OMHSAS Adult Advisory Committee CSP Regional Report Summary

---

- **Seed Grants:** Due to the state budget impasse seed grant were not distributed until December via the monthly convening and through Email and postal mail addressed to all DICs, clubhouses, NAMI affiliates and provider organizations throughout the 23 counties that comprise the region. Fourteen applications were received and upon steering committee review seven grant requests were awarded. Grant recipients:
    - **Our Friends Place**, Mercer County. Grant supports voter education and registration initiative.
    - **M.H.A of Washington County**. Grant supports May is Mental Health Month anti-stigma projects.
    - **Transitional Services, Inc**, Allegheny County. Grant support supplements peer mentoring activities.
    - **Mercer County CSP**. Grant supports local recovery conference.
    - **Social Connection DIC** Titusville, Crawford County. Grant supports local activities associated with May is Mental Health Month.
    - **Mental Health America-Allegheny County**. Grant supports voter education activities.
    - **NAMI Erie County**. Grant supports a promotional campaign to increase public awareness of the signature NAMI Family to Family Education Program.
- 

**Region: Southeast**

**Submitted by: Fred R. McLaren, M.S., C.P.S., SE Regional CSP Technical Assistant**

### **Report Summary:**

- **Guest Speakers:** State Representative Bryan Lentz from Harrisburg spoke at the January meeting about legislative & public policy issues and the state MH budget. Mr. Lentz is currently running for Congress in the 7<sup>th</sup> Congressional District. Rachuel Freund from the PA Disability Voting Coalition spoke at the March meeting on voting rights & voter advocacy.
- **Annual Retreat:** Our Annual Regional CSP Retreat will be held on Friday, May 14 in Bldg. 33 at Norristown State Hospital. The theme of the retreat is employment & education. Joan Erney is being asked to speak as well.
- **Public Policy Committee:** This subcommittee deals with two key items: legislative MH issues, including the annual MH budget, AND also the ROSI's ( recovery oriented system indicators ) / annual county MH plan.
- **Speakers & Topics Committee:** This subcommittee recommends & invites speakers on various MH topics, to our monthly meetings. We have speakers lined up, every other month, thru the end of the year
- **Scholarship Committee:** This subcommittee evaluates consumer scholarships to conferences such as the PMHCA, PAPSRS, & NAMI conferences
- **Next Regional CSP Meeting:** Monday, April 5, 2010 at 4 – 6 PM in Bldg. 6 at Norristown State Hospital. Committee Pre-meeting at 3:00 PM. Light Dinner at 3:45 PM.